**CHRIS D.**

Dickerson hits three run shot to win it: <https://www.youtube.com/watch?v=5WEWKeO4SSo>

Baseball under water training: <https://www.youtube.com/watch?v=xXZq5BW_U4c>

NY Yankees Outfielder CD talks shop: <https://www.youtube.com/watch?v=OTzbCjelgb8>

Outfield Preparation with Chris Dickerson: <https://www.youtube.com/watch?v=7DzZQwSZiPo>

Chris Dickerson Beach Workout: <https://www.youtube.com/watch?v=JyClhHr6ISE>